



PRESENTED BY

NEW ROCHELLE PARKS AND RECREATION

Start Date: September 13, 2022

**HUGUENOT PARK/TWIN LAKES
TUESDAYS AND THURSDAYS FROM 4:00PM–5:30PM**

ELEMENTARY PROGRAM 3RD–5TH GRADE

GIRLS ON THE RUN INSPIRES GIRLS OF ALL ABILITIES TO RECOGNIZE THEIR INDIVIDUAL STRENGTHS, WHILE BUILDING A SENSE OF CONNECTION IN A TEAM SETTING. VOLUNTEER COACHES FACILITATE LESSONS THAT BLEND PHYSICAL ACTIVITY WITH LIFE SKILL DEVELOPMENT TO ENABLE GIRLS TO ADAPT TO WHATEVER COMES THEIR WAY. AT THE END OF THE SEASON, THE TEAM COMPLETES A 5K TOGETHER, WHICH PROVIDES A TANGIBLE SENSE OF ACCOMPLISHMENT AND SETS A CONFIDENT MINDSET INTO MOTION.

FOR MORE INFORMATION ON THE ELEMENTARY PROGRAM PLEASE CALL: PARKS & REC AT 914-654-2087

Program Fee: \$175

Scholarships and Financial Aid Available

Learn more and register today at: www.girlsontherunhv.org

